

Section 5

1. Identify to whom you will be addressing this message: ie the future caregivers (members of the support circle).

- Who has agreed to be there for your loved one's daily life in the long-term?
- Record their names and contact information

See Appendix 3 if this is one area that you have been reluctant to address.

2. Prepare to write the message by making separate, rough notes on important topics

Use the following considerations to help you prepare to write a letter to your future caregivers. Provide details, which will include thoughts as well as concrete plans, for the future care of your loved one.

a) List the finances that have been set in place for the future.

- Examples:
 - Portion of your pension for a dependent with disabilities
 - Registered Disability Savings Plan (RDSP)
 - Trust set up in your will
 - Value of your property when sold
 - Other investments or savings
 - Proceeds of your life insurance
 - Loved one's own income

b) Explain any details that must be known about the finances.

- Examples:
 - How much money will be available from each source?
 - What is the procedure to obtain the pension amount?
 - How are the RDSP funds accessed?
 - How is the trust set up and accessed? What is its value?
 - What is the anticipated value of the property?
 - How are the other investments, savings, and life insurance proceeds accessed? Include important contact information for each.
 - Ultimately, who will look after this money?
 - Who will have access to it?
 - How will its security be assured?

c) Describe the confirmed housing plan or list possible housing scenarios.

- Examples:
 - What type of housing would work best for your loved one and why?
 - Has your loved one articulated, or have you been able to ascertain, what type of housing will feel best for them?
 - What housing possibilities should be avoided and why?
 - Will they live independently but with some support?
 - Will they live independently without support?
 - Will they live with others? With whom?